

DR. MAJMUNDAR'S

EGD PREPARATION INSTRUCTIONS

10 days before endoscopy:

Stop taking iron, aspirin, aspirin products, or Pepto Bismol. Tylenol (acetaminophen) is OK to take. Please consult your **primary doctor** if you have any questions about your medication, especially if you have been told not to stop taking these drugs suddenly without medical advice.

5 days before endoscopy:

Stop taking non-steroidal anti-inflammatories (e.g. Motrin, Advil, Aleve (ibuprofen), Feldene, Naprosyn, Nuprin, Celebrex and Vioxx).

1 day before endoscopy:

Do not eat any solid food after midnight, the night before the procedure.

Day of endoscopy:

Nothing to eat or drink at least 8 hours before the procedure. Medication can be taken 4 hours before examination.

For Questions related to procedure call:

- UHS Evanston 312-423-4200 X 6000**
- UHS Northwest 312-423-4200 X 5800**
- UHS Polk 312-423-4200 X 3270**
- Southwest Gastro 708-930-1464**

Procedure Location:

Oak Lawn Gastroenterology Center

9921 Southwest Highway
Oak Lawn IL, 60453
(708) 930-1464

Fullerton Surgery Center

4849 W. Fullerton
Chicago IL, 60639
(773) 237-2900

Magna Surgical Center

7456 S. State Road
Suite #300
Bedford Park, IL 60638
(773) 445-9696

Christ Hospital OPP

4440 W 95th St
Oak Lawn IL, 60453
(708) 304-9500

Procedure Date:

Special instructions for patients who are diabetic

Diabetic patients on oral diabetic medications

Patients on oral diabetic meds are recommended for morning procedures.

Day before the procedure - please take your normal oral diabetic pills as prescribed

Morning of the procedure - do not take diabetic oral pills on the day of the procedure and nothing by mouth 4 hours prior to the procedure

Diabetic patients on insulin

The day before the procedure

- In the morning, take your normal morning dose of insulin.
- **In the evening if you are on a long acting insulin** (Lantus, Levemir, Toujeo) **only take 1/2 of your usual dose**

Morning of the procedure

- **Nothing by mouth** 4 hours prior to procedure
- **Check your blood sugar at home at 6:00 AM**
 - If your home blood sugar is less than < 70 follow the instructions below
 1. Drink 4 oz. of apple juice and do not take any a.m. insulin
 2. Repeat blood glucose again