

## **EGD PREP INSTRUCTIONS**

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**YOU MAY HAVE NOTHING TO EAT AFTER MIDNIGHT THE NIGHT BEFORE EGD. THE MORNING OF YOUR EGD PROCEDURE YOU MAY HAVE A CLEAR LIQUID DIET. STOP ALL LIQUIDS 3 HOURS BEFORE THE SCHEDULED TIME FOR YOUR EGD PROCEDURE.**

**YOU MAY HAVE THE FOLLOWING CLEAR LIQUIDS:**

- \* **Black Coffee**
- \* **Tea**
- \* **Green or Yellow Jello (NO RED or ORANGE)**
- \* **White Grape Juice (NO PULP)**
- \* **White Cranberry Juice (NO PULP)**
- \* **Lemonade**
- \* **Soda (Coke, Pepsi, Ginger Ale, 7-Up, Sprite)**
- \* **Apple Juice (NO PULP)**
- \* **Clear Broth or Bullion Cubes**

**DO NOT DRINK ANY RED OR ORANGE LIQUIDS OR ANY DAIRY PRODUCTS!**

**YOU MUST HAVE SOMEONE WITH YOU TO DRIVE YOU HOME AFTER YOUR EGD.**

**IF YOU ARE A DIABETIC DO NOT TAKE YOUR DIABETIC MEDICINE THE MORNING OF YOUR PROCEDURE.**

**IF YOU TAKE BLOOD THINNERS (EX. COUMADIN, PLAVIX, ELIQUIS, XARELTO ETC.), PLEASE STOP TAKING THEM 5 DAYS PRIOR TO YOUR PROCEDURE.**

**WE SUGGEST THAT YOU CALL YOUR INSURANCE COMPANY FOR BENEFITS AND COVERAGE SO YOU WILL KNOW IF THE PROCEDURE OR TEST WILL BE COVERED!**

**IF YOU HAVE ANY QUESTIONS, PLEASE CALL OUR OFFICE AT 708-930-1464.**